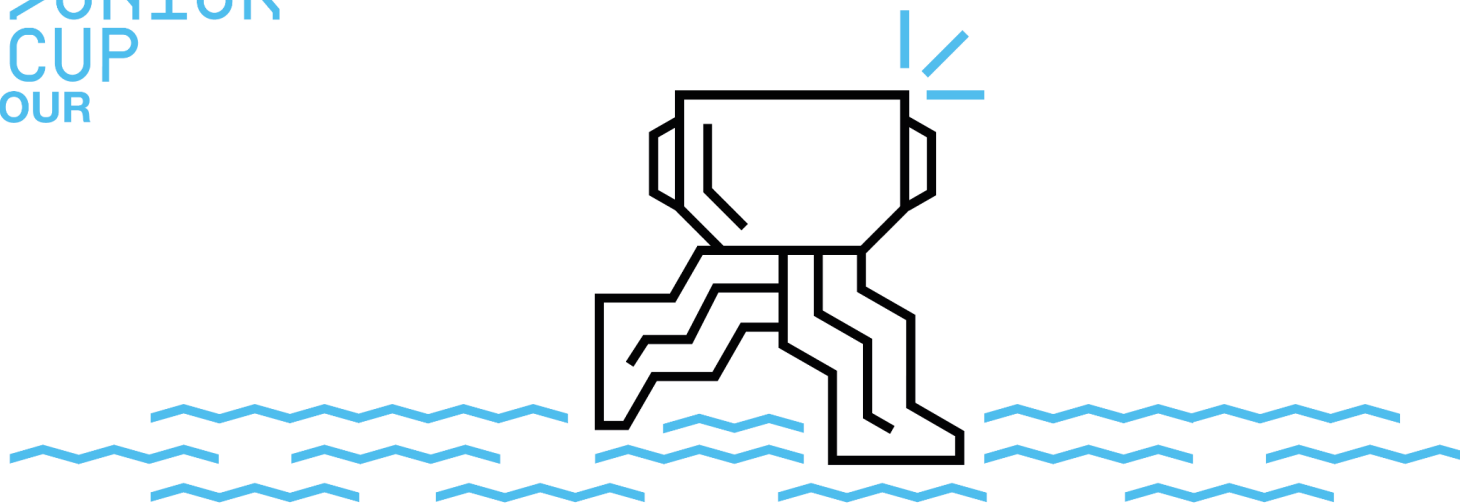


27-29.10.2023
BALTIC
JUNIOR
CUP
TOUR



PARTNERS AND SPONSORS



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FORYTEK & PARTNERZY
ADWOKACI I RADCOWIE PRAWNI



ORGANISER

Klub Orientacji Sportowej Bn0 Szczecin
Ul. Somosirry 32c
71-181 Szczecin

CO-ORGANISERS

Urząd Miasta Szczecin
Urząd Marszałkowski Województwa Zachodniopomorskiego
Polski Związek Orientacji Sportowej
Zachodniopomorski Okręgowy Związek Orientacji Sportowej
SP 47 w Szczecinie

PARTNERS

Etcetera Reklama Szczecin
Nadleśnictwo Gryfino
Żegluga Szczecińska

FORM OF THE COMPETITION

Individual competition, total points classification after three stages.
Conversion of time into points for each stage:
Competitor's points score = $1000 * \text{winner's time} / \text{competitor's time}$.
CTZ ranking competition with $Z=1.10$.

THE ORGANISER'S TEAM

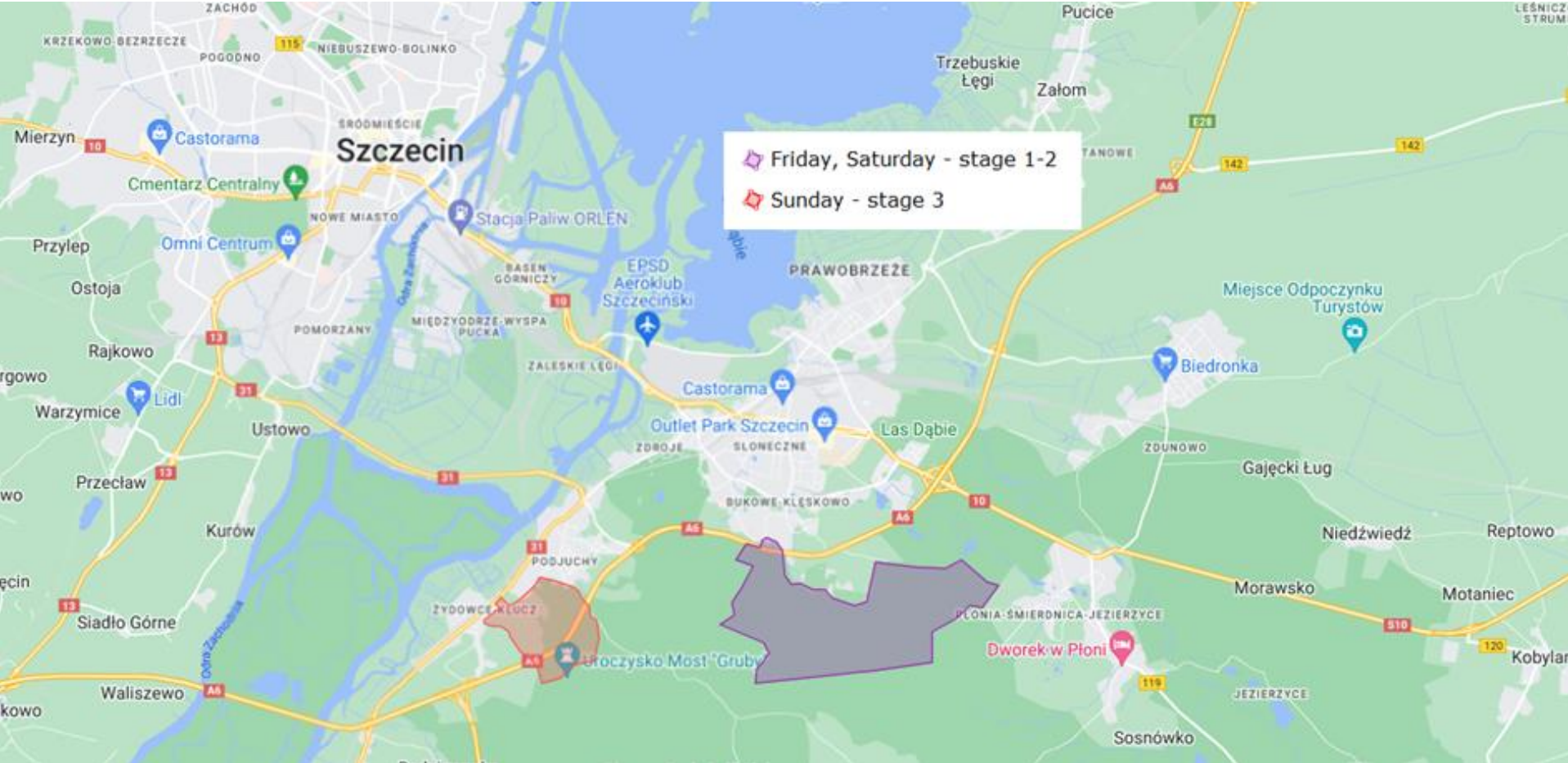
Director of the Event	Bartłomiej Mazan
Head Referee	Artur Haptar
Office Manager	Aleksandra Mazan
Course Setter	Bartłomiej Mazan
Referee	Magdalena Baczulis Krzysztof Polec
Speaker (announcer)	Sławomir Cygler
Map makers	Wojciech Dwojak, Jacek Morawski
Sportident Staff	Hubert Świerczyński

TERM AND PLACE

E1 – medium distance	27.10.2023 Friday	Szkoła Podstawowa Nr 74 w Szczecinie GPS 53.363839275310056, 14.65511102298003
E2 – long distance	28.10.2023 Saturday	Szkoła Podstawowa Nr 74 w Szczecinie GPS 53.363839275310056, 14.65511102298003
E3 – medium distance	29.10.2023 Sunday	Katolicka Szkoła Podstawowa im. Jana Pawła II Szczecin GPS 53.35656470230468, 14.590945024982792



COMPETITION GROUNDS



THE EVENT OFFICE

The office can be found every day in the Competition Centre.

PROGRAMME

27.10.2023 Friday	14:00 – opening of the competition office 15:00 – E1 medium distance run
28.10.2023 Saturday	8:30 – opening of the competition office 11:00 – E2 long distance run – attention !!
29.10.2023 Sunday	8:30 – opening of the competition office 10:00 – E3 medium distance run

COMPETITION RULES

In accordance with PZOS regulations, competitors taking part in CTZ competitions who want to participate in sports competition organised by PZOS (competition for ranking points) are obliged to hold a valid PZOS licence. Lack of a licence, however, does not exclude competitors from sports competition during the Baltic Junior Cup Tour the competition is open to everyone.

Everyone is required to have a valid medical examination. Persons taking part in the Baltic Junior Cup Tour who do not have valid medical examinations are obliged to present a statement to the competition office that they start at their own responsibility.

SECURING CONTROLS

The Baltic Junior Cup Tour events will be held using the SportIdent electronic confirmation system. It is possible to borrow an SI chip from the Organiser. This must be stated in the application form.

The SportIdent AIR+ non-contact checkpoint confirmation system will be used during the competition.

CATEGORIES

K10N, K10, K12, K14, K16, K18, K20 K21E, K21A, K35, K40, K45, K50, K55, K60, K65, K70, K75, K80, K85, K90+

M10N, M10, M12, M14, M16, M18, M20, M21E, M21A, M35, M40, M45, M50, M55, M60, M65, M70, M75, M80, M85, M90+

ADDITIONAL RECREATIONAL AND COMPETITIONAL CATEGORIES

N – track with ribbons

KRÓTKA/SHORT – easy, short, for beginners without age restrictions

ŚREDNIA/MEDIUM – harder, longer, for intermediate people with no age restrictions

DŁUGA/LONG – technically challenging and demanding, with no age limits
RODZINNA/FAMILY – very easy and short, perfect for families with small children

K21A, M21A – technically challenging routes, but significantly shorter than K21E and M21E

TERRAINS AND MAPS

STAGE 1 – MEDIUM DISTANCE

The terrain consists of two parts. Moraine with runability difficulty from very good to very difficult, with a well-developed road network. The forest is heavily used economically. Second part is a forest with a lot of holes with coniferous forest. The forest is heavily used economically.

Maps: category scale 1:10 000, veterans from KM55 1:7500, e=5m, ISOM 2017, format A4, validity autumn 2023



STAGE 2 – LONG DISTANCE

Typical moraine, with runability difficulty from very good to very difficult, with a well-developed road network. The forest is heavily used economically. Maps: category scale 1:10 000, veterans from KM55 1:7500, e=5m, ISOM 2017, A4 format, validity summer 2023



STAGE 3 – MEDIUM DISTANCE

The terrain consists of three parts. The first part is an area characterized by an interesting micro-relief with a large number of holes, depressions, ditches, stones, the second is a typical moraine, with a very good to difficult

traversability with a well-developed road network, and the third part is a semi-open area.



APPLICATIONS AND ENTRY FEE

3 STAGES				
TERM	K/M 10-14 Family K/M10N	K/M 16-18	od K/M 20	Short Medium Long
TERM I Up to 16 October	75 PLN	120 PLN	150 PLN	135 PLN
After TERM I	105 PLN	150 PLN	180 PLN	165 PLN
1 ETAP				
TERM	K/M 10-14 Family K/M10N	K/M 16-18	od K/M 20	Short Medium Long
TERM I Up to 16 October	25 PLN	40 PLN	50 PLN	45 PLN
After TERM I	35 PLN	50 PLN	60 PLN	55 PLN

Attention!!! The validity of an entry at a given time is determined by the payment of the entry fee to the organiser's account and not by the fact of filling in the entry form.

SI AIR+ chip hire for the entire event PLN 21. - quantity limited, first come, first served,

SI chip hire - older model for the entire event PLN 10.

SI chip lost - PLN 350/piece

Any changes, i.e. chip number or category after 17 October or at the Event Center - 10.00 PLN/change

Cancellation of participation - in case of cancellation of the competition, after making the payment - the participation fee is non-refundable. It is not possible to transfer the entry fee to another competitor.

Competitors who do not turn up at the start but have made an entry are required to pay 50% of the entry fee.

SECURING CONTROLS

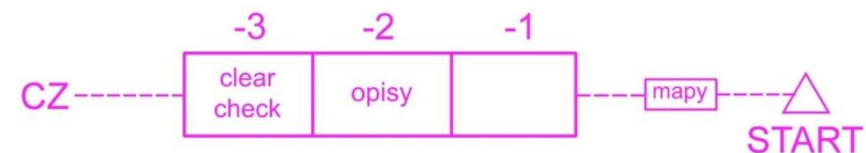
The checkpoints were protected against interference by third parties by scattering confetti and a white and orange marker with the checkpoint code.



INTERRUPTION OF THE RACE

Competitors who are forced to interrupt the run must report at the finish line to inform the Organisers.

STARTING PROCEDURE



LIVELOX

Livelox will be available after the competition on competition website.

NOTES

Participants in the competition insure themselves. The organiser is insured against civil liability.

The organiser provides medical care.

CONTACT

E-mail address: kontakt@bno.szczecin.pl

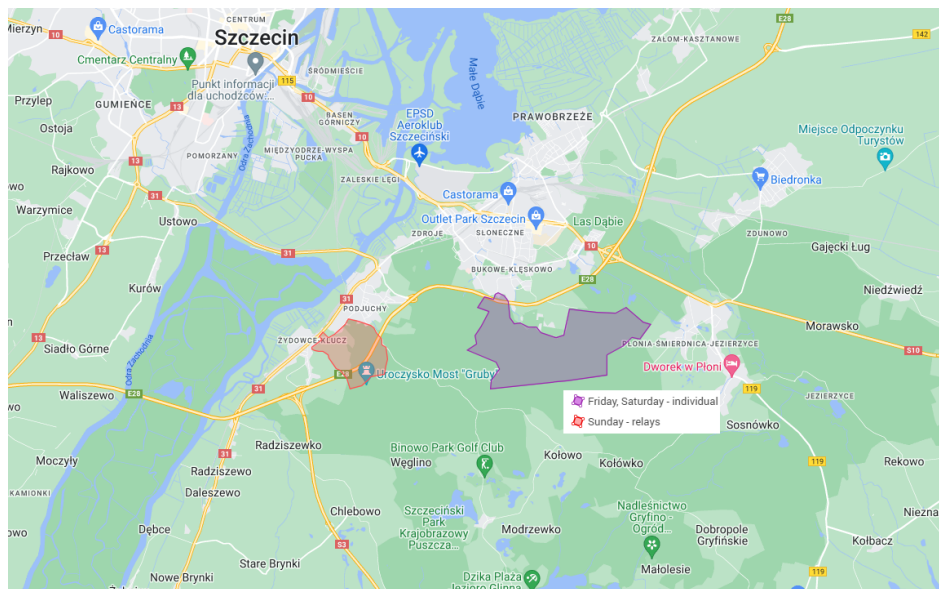
Website: bno.szczecin.pl/bjc

Office Manager: Aleksandra Mazan tel. 721 121 141

Event Director: Bartłomiej Mazan tel. 668 009 601

CLOSED AREAS

The closed area is banned from any physical activity, including walking, running, biking or skiing, etc. It is prohibited to organise other Orienteering competitions in this area



COURSE LENGHT

Category	Day 1			Day 2			Day 3		
	Length [km]	Climb [m]	Number of Points	Length [km]	Climb [m]	Number of Points	Length [km]	Climb [m]	Number of Points
K10N	1,4	15	4	3,3	90	6	2,5	100	6
K10	1,6	20	7	3,1	85	8	1,9	50	8
K12	2,0	30	8	3,4	140	11	2,1	75	8
K14	2,7	50	9	4,4	250	12	2,9	125	10
K16	3,1	60	14	5,2	140	10	2,9	110	13
K18	3,7	70	16	6,1	325	16	3,8	125	14
K20	4,1	75	17	8,4	450	16	X	X	X
K21E	4,1	75	17	8,4	450	16	4,1	125	17
K21A	4,1	75	17	6,1	325	16	4,1	125	17
K45	3,4	60	14	4,4	250	12	3,7	120	16
K50	3,1	60	14	4,4	250	12	2,9	110	13
K55	3,1	60	14	3,7	210	12	2,9	110	13
K60	2,7	50	9	3,7	210	12	2,9	125	10
K65	2,7	50	9	3,2	200	10	2,9	125	10
K70	2,6	40	9	3,2	200	10	2,9	100	13
K75	2,0	30	8	2,9	150	10	2,1	75	8
M10N	1,4	15	4	3,3	90	6	2,5	100	6
M10	1,6	20	7	3,1	85	8	1,9	50	8
M12	2,0	30	8	3,4	140	11	2,1	75	8
M14	2,7	50	9	4,4	250	12	2,9	125	10
M16	3,7	70	16	6,4	360	14	3,8	125	14
M18	4,1	75	17	7,8	430	16	4,1	125	17
M20	5,2	80	20	9,1	510	21	5,3	180	21
M21E	5,2	80	20	11,8	570	24	5,3	180	21
M35	X	X	X	9,1	510	21	3,9	100	16
M40	3,7	75	15	7,8	430	16	3,9	100	16
M45	3,7	75	15	6,4	360	14	3,9	100	16
M50	3,4	60	14	5,0	275	11	3,7	120	16
M55	3,4	60	14	5,0	275	11	3,7	120	16
M60	3,4	60	14	4,2	245	12	3,7	120	16
M65	3,1	60	14	3,7	210	12	2,9	110	13
M70	2,6	40	9	3,7	210	12	2,9	100	13
M75	2,6	40	9	3,2	200	10	2,9	100	13
SHORT	X	X	X	3,4	140	11	2,1	75	8
MEDIUM	3,1	50	9	5,0	275	11	3,3	130	13
FAMILY	1,4	15	4	3,3	90	6	2,5	100	6

STAGE 1
27.10.2023 r.

COMPETITION CENTER

Szkoła Podstawowa Nr 74 w Szczecinie
GPS 53.363839275310056, 14.65511102298003

PROGRAMME

14:00 - opening of the competition office
15:00 - Start of stage 1 run
From 18:00 - possibility of accommodation in the gymnasium

MAP

MEDIUM: „Śmierdnica”, map maker: Wojciech Dwojak

PARKING

Available on estate streets

COMPETITION START

Start at 15:00
Distance from the Event Centre to the start - 2500m
Access to the start marked with ribbons.

FINISH LINE

The walk from the finish line to the event centre is 2000m
Chip reading at the event center

STAGE 2
28.10.2023 r.

COMPETITION CENTER

Szkoła Podstawowa Nr 74 w Szczecinie
GPS 53.363839275310056, 14.65511102298003

PROGRAMME

9:30 - opening of the competition office
11:00 - Start of stage 2

MAP

LONG: „Klęskowo”, map makers: Wojciech Dwojak, Jacek Morawski

PARKING

Available on estate streets

COMPETITION START

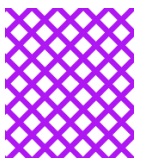
Start at 11:00
Distance from the Event Centre to the start - 2300m
Access to the start marked with ribbons.

FINISH LINE

At competition center

DANGEROUS AREA

During the classic run, all categories have a run under the motorway.
Out-of-bounds running across the highway is prohibited.
The motorway is marked 709.0 Out-of-Bounds Area.
Running possible at the locations marked on the map.



STAGE 3
29.10.2023 r.

COMPETITION CENTER

Katolicka Szkoła Podstawowa im. Jana Pawła II Szczecin
GPS 53.35656470230468, 14.590945024982792

PROGRAMME

9:00 – opening of the competition office
10:00 – Start of stage 3 run

MAP

MEDIUM: „Amfiteatr Żydowce”, map makers: Wojciech Dwojak, Jacek Morawski

PARKING

Accessible along Skalista street

COMPETITION START

Start at 10:00 from Event Center

FINISH LINE

At competition center