



# IX Bukowa Cup

29.04-03.05.2022

## BULLETIN no 1

Competition of the Poland Central Calendar (coefficient of Z=1.10)



PATRONAT MEDIALNY



# FLAMQA





**Dear Competitors,**

*I am pleased to invite you to the magical forests of Szczecin for the 9<sup>th</sup> edition of the Bukowa Cup. We offer you a 5-day format and five maps in completely new, interesting areas. To meet your expectations, we are also introducing a new general classification formula for the first time. Four of the top five results will count towards it. In addition, the competition will be diversified by the TrailO - TempO in the area of the sprint run - to participate in which I strongly encourage you. Bukowa Cup is not only BnO, but also an opportunity to promote the sport of disabled people and integrate our environment. We create competitions with a passion for Orienteering, so after the races there will be plenty of time for sports integration. The location of this year's Competition Center is a guarantee of good fun and unforgettable evenings spent together.*

*I sincerely hope that this year's event, like the previous editions, will meet your expectations, and that your participation in the event, apart from spilled sweat, will bring you complete satisfaction. It will be a great pleasure for me and the entire team of KOS BnO Szczecin to host you again in Szczecin, a city that smells of chocolate.*

*We wish you a lot of fun on the road.*

**Bartłomiej Mazan**  
**Event Director**

## **ORGANISER**

Klub Orientacji Sportowej BnO Szczecin  
Ul. Somosierry 32c  
71-181 Szczecin

## **CO-ORGANISERS**

Urząd Miasta Szczecin  
Urząd Marszałkowski Województwa Zachodniopomorskiego  
Polski Związek Orientacji Sportowej  
Zachodniopomorski Okręgowy Związek Orientacji Sportowej  
SP 47 w Szczecinie  
Hufiec Szczecin ZHP

## **PARTNERS**

Gmina Stare Czarnowo  
Etcetera Reklama Szczecin  
Ekspert Zdrowia  
Gospodarstwo Agroturystyczne „Mała Wenecja”  
Fotopoligraf.pl – fotografia ślubna i studyjna  
Szczecin Floating Garden  
Szczecin Kibicuje  
Nadleśnictwo Gryfino  
Biernat Media  
Flamqa  
Mariano Italiano  
Miody Fujarskich

## **RANK & FORM OF THE COMPETITION**

Orienteering: Individual competition, total point classification after five stages – the competitor's best 4 results out of 5 will be taken into account;

Time converter for points for each stage

Player's score =  $1000 * \text{winner's time} / \text{competitor's time}$

Trail-O: Individual competition – TempO

## THE ORGANISER'S TEAM

Director: Bartłomiej Mazan

Head Referee: Hubert Świerczyński

Office Manager: Aleksandra Mazan

Referee: Krzysztof Polec, Magdalena Baczulis, Tomasz Michałowski

Speaker: Sławomir Cygler

Cartographers:

E1 : Hubert Świerczyński

E2-E5: Wojciech Dwojak, Jacek Morawski

Temp0: Hubert Świerczyński

SportIdent Service: Joanna Kotkowiak

Course builders:

E1 – E5: Bartłomiej Mazan

Temp0: Mateusz Kula

## THE EVENT OFFICE

The office can be found every in the Competition Centre

## DATE AND PLACE

### **29.04.2022 (Friday)**

**E1 - Sprint** – Plac zabaw przy ul. Zoologicznej

GPS 53.373636, 14.683242

### **30.04.2022 (Saturday)**

**E2- long** – Puszcza Bukowa

GPS 53.316429, 14.635484

Stanica Harcerska Bukowina Binowo

**Temp0** – Plac zabaw przy ul. Zoologicznej

GPS 53.373636, 14.683242

### **1.05.2022 (Sunday)**

**E3 - middle** -Puszcza Bukowa

GPS 53.316429, 14.635484

Stanica Harcerska Bukowina Binowo

## **2.05.2022 (Monday)**

**E4- long** – Puszcza Bukowa

GPS 53.316429, 14.635484

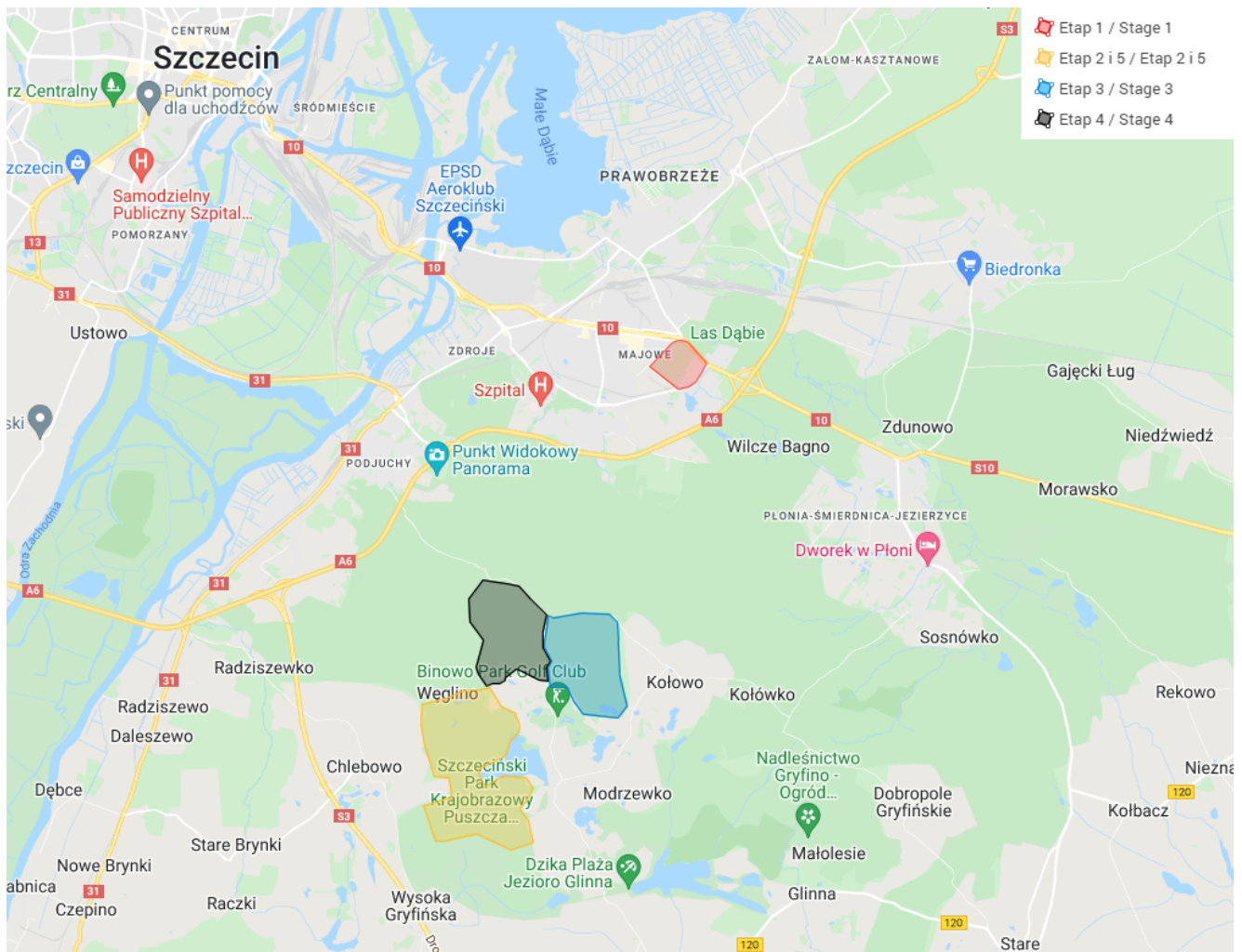
Stanica Harcerska Bukowina Binowo

## **3.05.2022 (Tuesday)**

**E5- middle** – Puszcza Bukowa

GPS 53.316429, 14.635484

Stanica Harcerska Bukowina Binowo





## **PROGRAMME**

### 29 April (Friday):

17:30 – Competition Centre opens

19:00 – E1 sprint

### 30 April (Saturday):

9:30 – Competition Centre opens

11:00 – E2 long

17:00 – Temp0

### 1 May (Sunday):

9:00 – Competition Centre opens

10:00 – E3 middle

### 2 May (Monday):

9:30 – Competition Centre opens

11:00 – E4 long

### 3 May (Tuesday):

8:30 – Competition Centre opens

9:30 – E5 middle

13:00 – prize-giving ceremony

## **PARTICIPATION**

According to the PZOS rules, every competitor who wishes to participate in competitions ranked in CTZ has to prove that they have a valid license issued by PZOS in order to compete for PZOS's ranking points. Lack of such licence does not interfere with taking part in Bukowa Cup, that competition is open for every participant.

All participants are required to have been checked medically before the competition and have been cleared for taking part in sports competitions. Partakers who can't verify that they have been cleared by a doctor, have to state that they are taking part in the Bukowa Cup for their own responsibility.

All participants registered as impaired have to deliver a proof as in line with PZOS rules (attachment 12a of the PZOS licence rules).

## MAP AND TERRAIN

### Stage 1

#### Sprint, Temp0:

The area consists of two parts: 30% of the area of a typical Polish housing estate, 70% of the area of the park with paths, the area of runnability from very good to difficult. Flat area with a local depression.

Map: "Kijewo" - scale 1: 4,000, e = 2m, ISSprOM 2019-2 (January 2022), A4 format, April 2022, H. Świerczyński

Area never used for Orienteering competitions.

### Stages 2,4

#### Long:

A typical moraine, with very good to very difficult runnability, with a well-developed road network. The forest is heavily used for economic purposes.

Maps: scale categories KM14 and younger and above KM40 - 1: 10 000, veterans from KM65 1: 7 500, others 1:15 000, e = 5m, ISOM 2017, A4 format, valid in spring 2022.

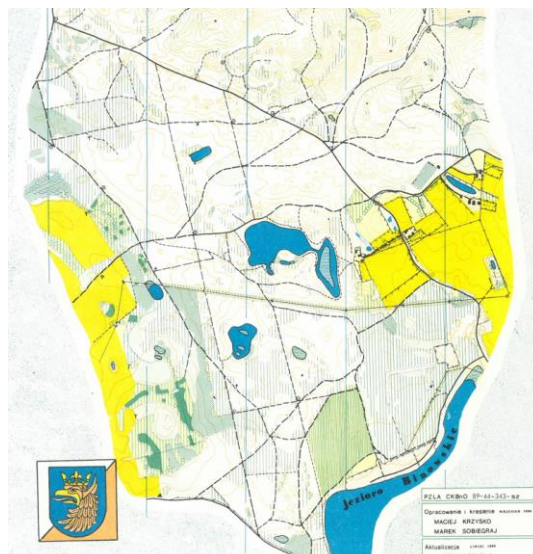
### Stages 3,5

#### Middle:

A typical moraine, with very good to very difficult runnability, with a well-developed road network. The forest is heavily used for economic purposes.

Maps: "Jezioro Binowskie", scale 1:10 000, veterans 1: 7 500, e = 5m, ISOM 2017, A4 format, valid in spring 2022.

Old map: Trzy Podkowy 1989-44-343-SZ



## **CATEGORIES**

### **Orienteering:**

K10N, K10, K12, K14, K16, K18, K20, K21E, K21A, K35, K40, K45, K50, K55, K60, K65, K70, K75, K80, K85, K90+

M10N, M10, M12, M14, M16, M18, M20, M21E, M21A, M35, M40, M45, M50, M55, M60, M65, M70, M75, M80, M85, M90+

OPEN COURSES:

N – course with markings

SHORT – easy, short, suitable for beginners of every age

MIDDLE – slightly harder and longer for more advanced participants of every age

LONG – the hardest and most exploiting for advanced runners of every age

FAMILY – very easy and short, for parents with small children

K21A, M21A – technical difficult courses, but significantly shorter than K21E and M21E

### **Tempo**

**OPEN** – for every participants no matter the sex, age and level of impairment

**PARA** – for every participant with documented impairment (attachment no 12a of the PZOS's license book)

**MŁODZIK** – for every participant who is 14 years or younger (birth year of 2006 and later) no matter the sex

## **CONTROL POINTS**

The Bukowa Cup will use the electronic system to verify competitor's points validation – Sportident. The event's version of the system does not require physical contact using Sportident AIR+ capabilities.

It is possible to rent SI chips from the Organisers. Should you require that kind of help, please make sure to note that in your registration form.

Temp0 will use a TiM app to conduct the event. Participants will be additionally equipped with cards as a backup.



## REGISTRATION AND ENTRY FEE

DEADLINE	TempO	Bukowa Cup E1-E5			
	Elite (Open, Para, Młodzik)	K/M 10-14 FAMILY K/M10N	K/M 16-18	K/M 20 and older	SHORT MIDDLE LONG
Promotion term until April 4	20 PLN per stage	90 PLN	130 PLN	165 PLN	130 PLN
basic term until April 18	30 PLN per stage	110 PLN	150 PLN	190 PLN	150 PLN

Start in one stage of BnO:

KM10-14 + Family - PLN 25 / stage

KM16-18 + OPEN - PLN 35 / stage

From KM20 - PLN 45 / stage

Renting a SI AIR + chip for the entire competition PLN 35 - limited quantity, the order of applications is decisive,

Renting an SI chip - an older model for the entire competition PLN 15.

Losing the SI chip - PLN 300 / item

Any changes, i.e. the number of the chip or category after April 18 or in the Competition Center - PLN 10.00 / change

**Resignation from participation - In the event of resignation from the competition, after making the payment - the entry fee is not refundable.**

Competitors who did not appear at the start, but have made the application, are required to cover 50% of the starting fee.

Applications will be accepted via the PZOS application form [www.zielonysport.pl](http://www.zielonysport.pl)

Changes and additions to the data, including the SI card number, will be accepted until April 18, 2022.

Applications of competitors from abroad will be accepted by e-mail [kontakt@bno.szczecin.pl](mailto:kontakt@bno.szczecin.pl)

The entry fee should be wired using bank transfer to:

**!!! ATTENTION CHANGE OF ACCOUNT NUMBER !!!**

**Stowarzyszenie Klub Orientacji Sportowej BnO Szczecin**

**IBAN 27 1090 2806 0000 0001 4992 9495**

**SWIFT WBKPPLPP**

**Santander Bank Polska**

In the title please enter:

**BukowaCup 2022 and Club Name (or the name of primary contact person)**

**Bukowa Cup IX – 29 April – 3 May 2022 – Szczecin**  
**[bno.szczecin.pl](http://bno.szczecin.pl)**

## **BUFFET**

There will be a well-stocked grill buffet at the E2-E5 competition center.

## **ACCOMODATION**

It is possible to book accommodation in the Hostel near the Competition Center (14 km) for PLN 55 per day, in Primary School No. 47 in Szczecin (25 km) for PLN 15 per night, and also in the Bukowina Scouting Center in the Competition Center. We have 60 places in bungalows (mostly bunk beds, 6 people in a room) for PLN 35 per night, a camping site and places in a common room on the floor - PLN 25 per night.

People interested in the above-mentioned accommodation, please contact us by e-mail: [kontakt@bno.szczecin.pl](mailto:kontakt@bno.szczecin.pl)

## **OFFICIAL T-SHIRT**

You can order the official Bukowa Cup T-shirt.

Orders should be placed by e-mail by April 19. The cost of a T-shirt ordered before the competition is PLN 110 / item.

People who do not decide to order a t-shirt before the competition will have the option to buy it at the Competition Center - cost PLN 120 / item. - while stocks last.



## **FOOTNOTE**

Participants should be insured on their own. The organiser is insured from civic responsibility in accordance to Polish Law.

The Organiser will provide medical help.

## **CONTACT**

E-mail: [kontakt@bno.szczecin.pl](mailto:kontakt@bno.szczecin.pl)

Website: [bno.szczecin.pl](http://bno.szczecin.pl)

Office Manager: Aleksandra Mazan mobile +48 721 121 141

Director: Bartłomiej Mazan mobile +48 668 009 601

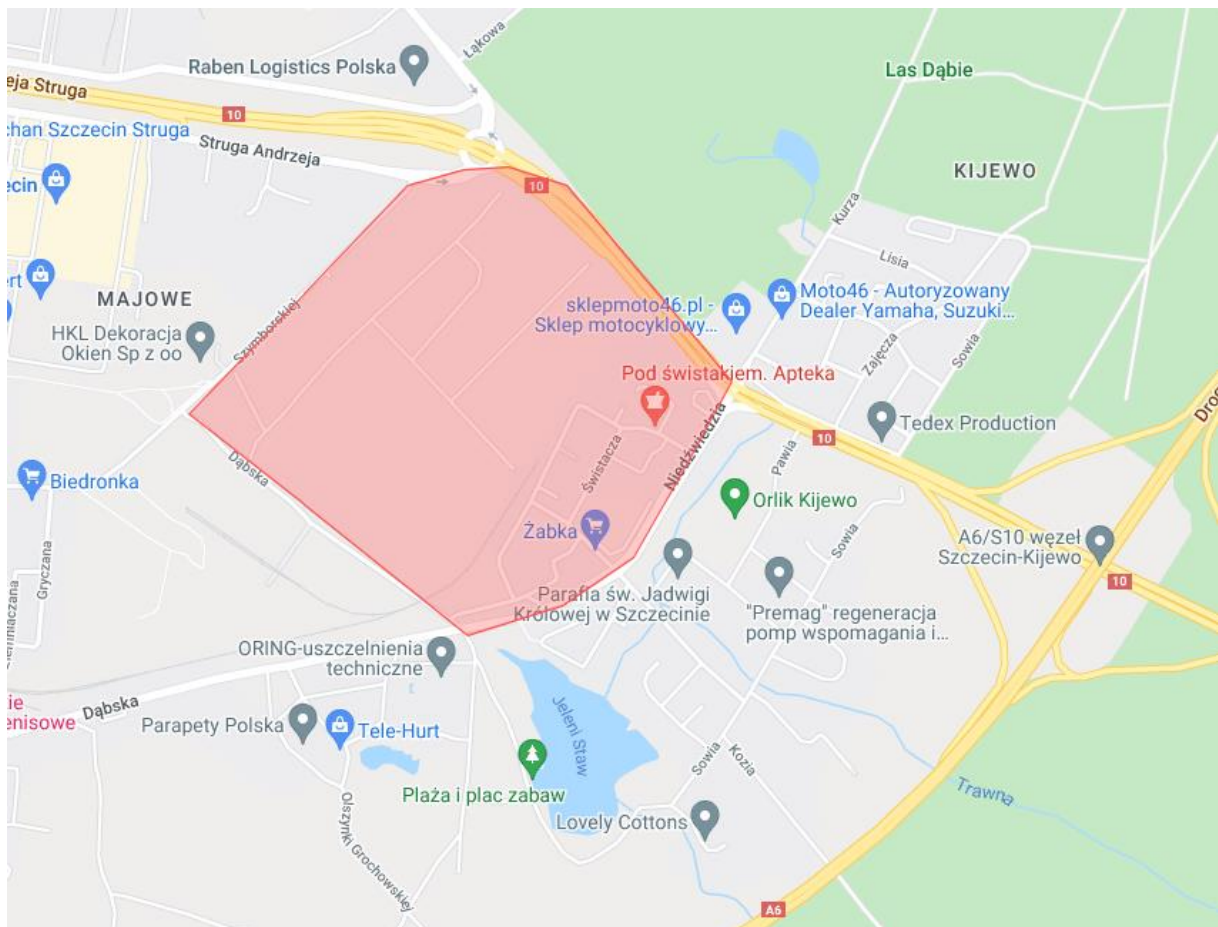
## CLOSED TERRAIN

The Organiser closes the terrain in which the competition is going to held.

T&C's apply:

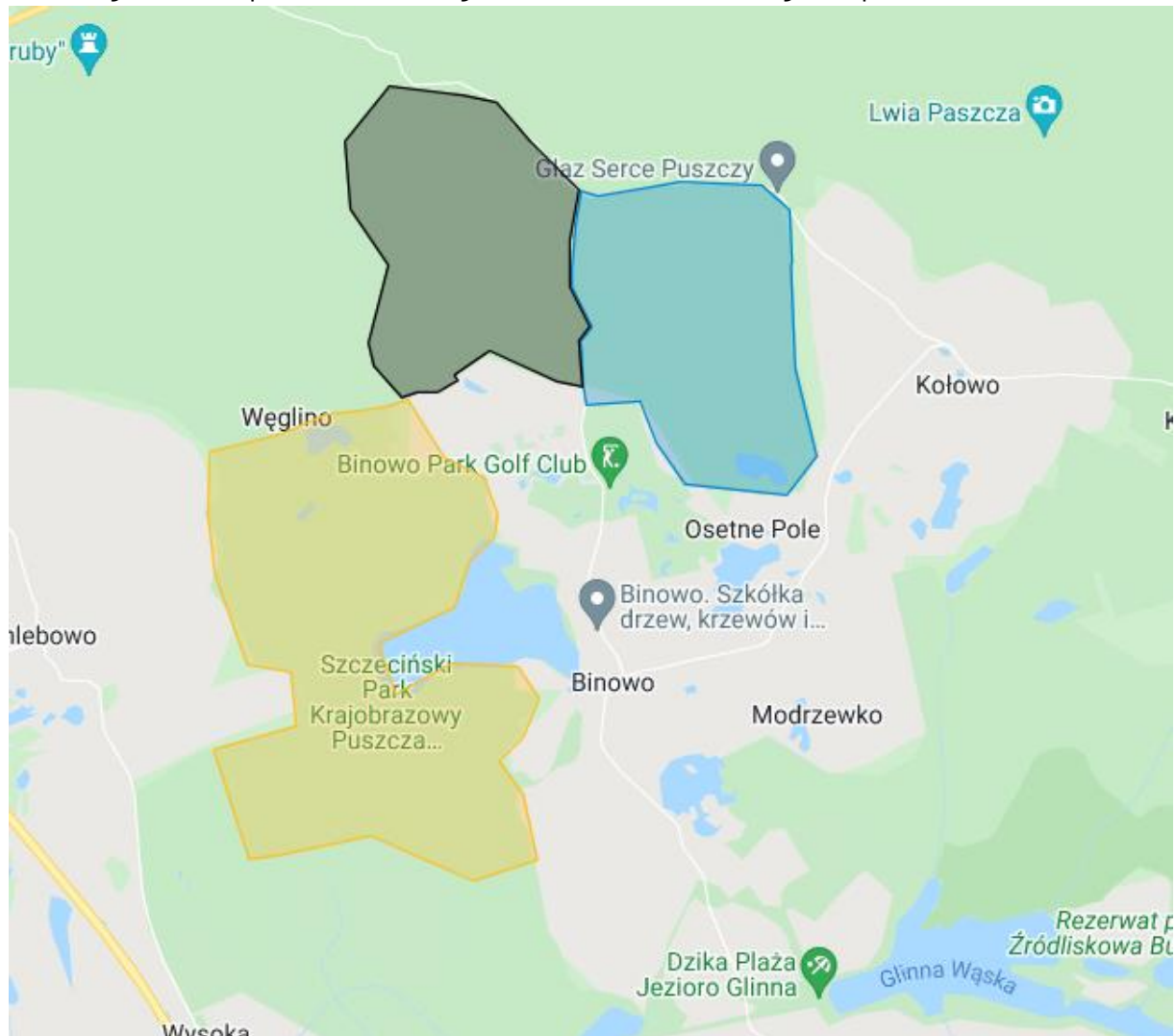
### Sprint - Stage 1, Temp0

It is acceptable to remain in the closed area as a resident, student or while in business or leisure travel. It is prohibited to remain in the terrain with orienteering map, running or orienteering.



### Forrest Courses – Stages 2-5

The closed area is banned from any physical activity, including walking, running, biking or skiing, etc. It is prohibited to organise other Orienteering competitions in this area.



### **INFORMATION AND RECOMMENDATION REGARDING COVID-19 PANDEMIC**

Due to the limitations related to counteracting COVID-19, all competitors are required to strictly comply with the recommendations and regulations of the Council of Ministers, the Minister of Health, the Minister of Sport and Tourism and the Chief Sanitary Inspector in force on the day of the competition.