

27-29.10.2023
BAL TIC
JUNIOR
CUP



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PARTNERS AND SPONSORS



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ORGANISER

Klub Orientacji Sportowej Bn0 Szczecin
Ul. Somosierry 32c
71-181 Szczecin

CO-ORGANISERS

Urząd Miasta Szczecin
Urząd Marszałkowski Województwa Zachodniopomorskiego
Polski Związek Orientacji Sportowej
Zachodniopomorski Okręgowy Związek Orientacji Sportowej

PARTNERS

Etcetera Reklama Szczecin
Nadleśnictwo Gryfino
SP 47 w Szczecinie
Żegluga Szczecińska Turystyka Wydarzenia Sp. z o.o.

FORM OF THE COMPETITON

Individual race - long distance
Mixed relay

THE ORGANISER'S TEAM

Director of the Event	Bartłomiej Mazan
Head of Referee	Artur Haptar
Office Manager	Aleksandra Mazan
Course Setter	Long & Relay: Bartłomiej Mazan & Aleksandra Mazan Model Event (middle): Wojciech Dwojak
Referee	Magdalena Baczulis Krzysztof Polec
Speaker (announcer)	Sławomir Cygler
Map makers	Wojciech Dwojak, Jacek Morawski
SportIdent Staff	Hubert Świerczyński

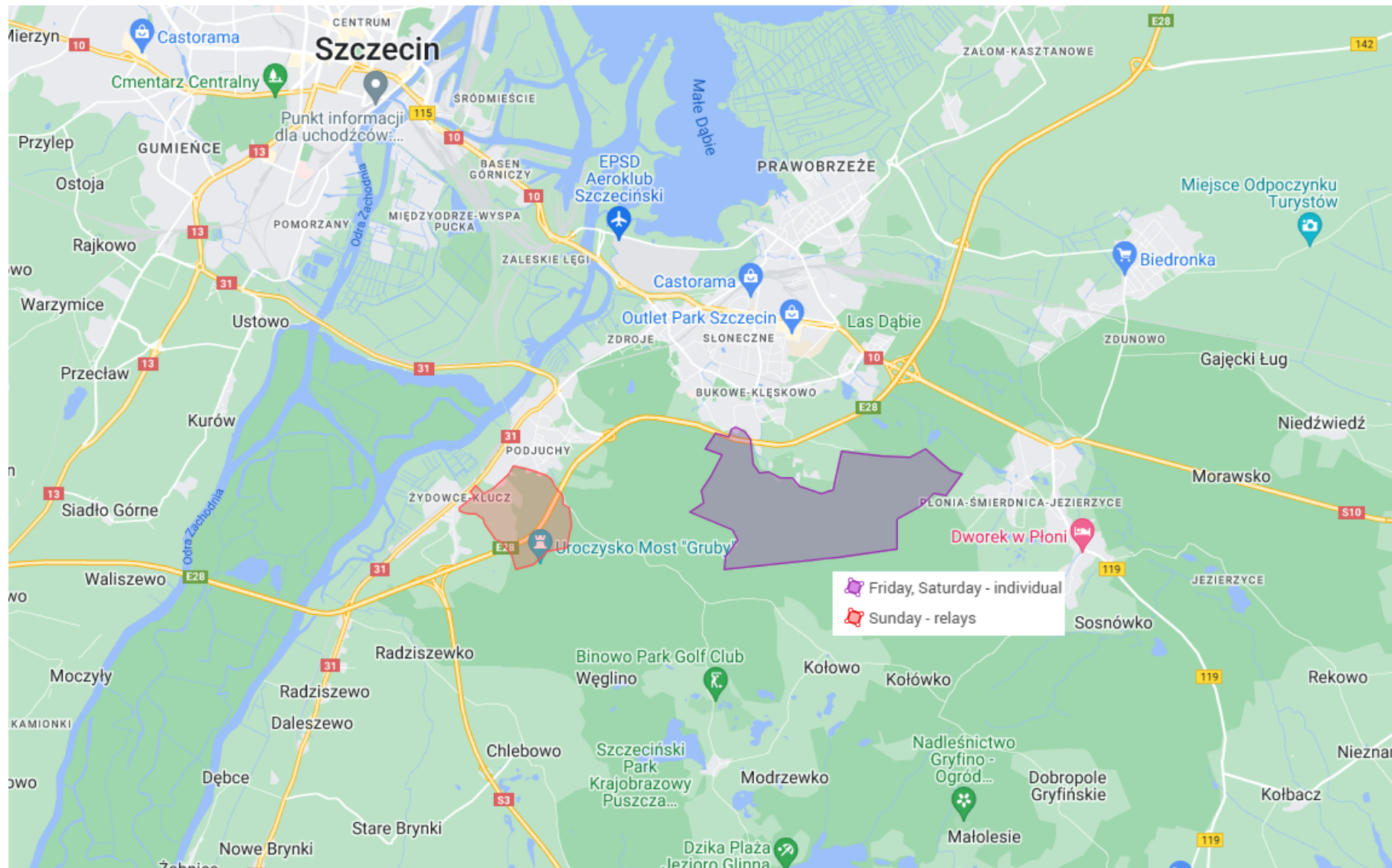
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TERM AND PLACE

Model Event (1STAGE BJC TOUR)	27.10.2023 Friday	Szkoła Podstawowa Nr 74 w Szczecinie GPS 53.363839275310056, 14.65511102298003
Long distance	28.10.2023 Saturday	Szkoła Podstawowa Nr 74 w Szczecinie GPS 53.363839275310056, 14.65511102298003
Mixed Relay	29.10.2023 Sunday	Katolicka Szkoła Podstawowa im. Jana Pawła II Szczecin GPS 53.35656470230468, 14.590945024982792
Accommodation	-	Szkoła Podstawowa Nr 74 w Szczecinie GPS 53.363839275310056, 14.65511102298003

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COMPETITION GROUNDS



<https://www.google.com/maps/d/edit?mid=16qt9cxTrbxjaBTM-SRk80K4SBBHIGk&usp=sharing>

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THE EVENT OFFICE

The office can be found every day in the Competition Centre.

PROGRAMME

27.10.2023 Friday	15:00 – model event (1 STAGE OF BJC TOUR) 18:00 – Check – in at the event centre and (hard floor) accommodation 18:00 – 18:30 – Lunch at school
28.10.2023 Saturday	7:00 – 9:00 – Breakfast at school 11:00 – First long distance start 13:30 – 14:00 – Lunch at the competition arena 16:00 – Deadline for submitting relay 18:30 – 19:30 – Dinner at school 19:40 – Prize – giving ceremony 20:00 – 22:30 – Evening programme
29.10.2023 Sunday	6:30 – 8:00 – Breakfast at school 9:10 – relay changing presentation 9:30 – Mixed relay start 12:30 – 13:00 – lunch at the competition arena 13:30 – prize – giving ceremony 14:00 – departure

MODEL EVENT

The first stage of the Baltic Junior Cup Tour will be both a model event for competitors taking part in the Baltic Junior Cup. The model event will provide examples of the terrain type, the map quality, the control features and the positioning of the controls. The first competitor will start at 3:00 p.m. Starting times will be drawn for the event model. However, if some team does not make it to the start, it will be possible to start at a later minute. The last competitor can start at 4:30 p.m. Please note that the sun sets is in Szczecin at 17:30. It will be dark in the forest by 17:45. Area consisting of two parts:
First is typical moraine, with very good to very difficult runability with a well-

developed road network. The forest is heavily used economically.
Access to the start from competition center → 2500 m
Finish → Competition Center – 2000m

Second part is a forest with a lot of holes with coniferous forest
Sample maps for model event:



TEAM LEADERS' MEETING

The organizer will prepare presentations with all necessary information for each stage and send them to the coaches.

If you have any questions, we remain at your disposal

COMPETITION RULES

In both the long-distance competition and the mixed relay the IOF Foot Orienteering Competition Rules 2023 will be used to the extent that they apply.

PUCHNING SYSTEM

The Baltic Junior Cup competition will be held using the SportIdent electronic confirmation system. It is possible to rent an SI chip from the Organizer. This should be indicated in the application.

The SportIdent AIR+ contactless checkpoint confirmation system will be used during the competition.

CATEGORIES

Long-distance: M16, W16, M18, W18, M20, W20.

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Women and men have the same ideal winning times; these are gender-neutrally adapted times based on IOF's instructions for winning times in JWOC and EYOC.

Mixed relay: 1st leg M18 (1st runner) and W18 (2nd runner); 2nd leg M16 (3rd runner) and W16 (4th runner); 3rd leg M20 (5th runner); 4th leg W20 (6th runner).



ACCOMMODATION AND CATERING

Accommodation on hard floor, please bring your own sleeping bags and mattresses. Also bring your own extension cords to share electricity to several devices. Please remove your shoes when entering the building. There are showers in the accommodation. Accommodation will not be available before Friday at 6 p.m.

Catering: Breakfast and dinner will be served at the accommodation and lunch at the competition arena, starting with lunch on Friday 27th October and ending with lunch on Sunday 29th October 2023.

Please note that the tableware provided by the organisers is disposable. If you want to eat from real plates, then you need to bring your own.

TRANSPORTATION AND PARKING

All competitors should make their own transportation arrangements from the accommodation to the competition arena. Each stage can be reached by public transport.

COMPETITION BETWEEN THE BJC NATIONS

The overall standings of the nations will be calculated on the basis of the results of each region's or nations' three best individual runners of each class in the long-distance competition together with the three best mixed relay team results.

GPS TRACKING

The list of people with GPS transmitters will be published on the website <https://bno.szczecin.pl/bjc/>
GPS transmitters will be issued to competitors before the first starting box.

LIVELOX

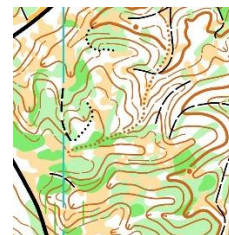
Livelox will be available after the competition on both days.

TERRAINS AND MAPS

LONG DISTANCE AND RELAY

Long: Typical moraine, with very good to very difficult runability with a well-developed road network. The forest is heavily used economically.

Sample maps for long distance



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Relay: The area consists of three parts. The first part is an area characterized by an interesting micro-relief with a large number of holes, depressions, ditches, stones, the second is a typical moraine, with a very good to difficult traversability with a well-developed road network, and the third part is a semi-open area.

Sample maps for relay:



Attention!!! Intensive forestry works were carried out near control number 141. Please remain vigilant.

MAP

Long: „Klęskowo”, Map makers: Wojciech Dwojak, Jacek Morawski, e ISOM2017-2. Scale 1:10 000, contour interval 5 meters, map currentness: spring 2023, partly autumn 2021

Relay: „Żydowce-Amfiteatr”, Map makers: Wojciech Dwojak, Jacek Morawski, e ISOM2017-2. Scale 1:10 000, contour interval 5 meters

All competition maps will be printed on waterproof paper. You may keep your map after the finish of the long-distance competition, but note that according to the competition rules, no information about terrain, map or course may be given to runners who have not yet started. The mixed relay maps will be collected and kept until the mass start has taken place. After mass start it is possible to retrieve mixed relay maps.

Control descriptions are printed on the map. The descriptions are in accordance with the IOF standard. In addition, loose control descriptions for the long distance will be available on the start.

COURSE DETAILS

Long distance:

Class	Length [km]	Controls	Climb
W16	5,2	10	140
W18	6,1	16	325
W20	8,4	16	450
M16	6,4	14	360
M18	7,8	16	430
M20	9,1	21	510

Mixed relay: The mixed relay consists of six legs. Legs 1 and 2 are run in parallel, as are legs 3 and 4. Leg 1 sends off leg 3, and leg 2 sends off leg 4. Leg 5 starts when both 3 and 4 have arrived. Leg 5 then sends off leg 6. All legs are forked.

Leg	Class	Length	Controls	Climb
1st	M18	5,2	17	190
2nd	W18	4,8	16	170
3rd	W16	4,0	14	155
4th	M16	4,5	16	170
5th	W20	5,3	19	190
6th	M20	6,3	22	235

BIB NUMBERS

Mixed relay: The background colour of the bibs is yellow for legs 1 and 3, and red for legs 2 and 4. For leg 5, the background colour is green and for leg 6 pink.

MIXED RELAY RUNNING ORDER

The running orders for the mixed relay must be given to the event office at the arena by Saturday 28th October at 16.00. The running order will be given on a paper form. Forms will be available at the event office during the long-distance competition. Teams that don't register their running order in time will not be allowed to run on Sunday. After the deadline, only imperative changes in the running order can be made (e.g. because of acute illness in the night between

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Saturday and Sunday; inform the event office of these changes on Sunday morning between 8.30 and 9.00).

In the relay, younger orienteers can participate in the legs intended for older classes, but older orienteers may not run the legs intended for the younger. Boys must not run the girls' legs, but girls may, if necessary, run instead of boys.

START AND FINISH (LONG DISTANCE)

Access to the start 2300 m partly along the road, marked with orange ribbons/stripes. Toilets available only in competition center.

Before entering the first starting box at selected competitors will be provided with GPS. We enter the first box for 3 minutes before the start, according to the long procedure, the competitors enter the 1st box, where clearing takes place. In the next box the chip is checked and start descriptions are available for given, and in the last box the competitor is waiting for the start. Behind the third box, the competitor takes the map and runs approximately 50 m to the starting flag. Course it will be marked with tapes and crossing it is mandatory.

Attention!!!

It is possible to leave items at the start and they will be transported by the organizers to the Competition Center.

The finish line is located in the competition center.



START AND FINISH (MIXED RELAY)

A competitor waiting for his start has the right to enter the transition zone after defeating scenic control by its predecessor. When entering it occurs clearing and checking the SI card and getting the rolled-up map and secured with a card matching the color of the bib number and rubber band. Competitors can warm up in a designated area warm-up. After confirming the last control, the running competitor completes the run and conquers the FINISH can located at the finish line. After confirming the finish line, the competitor returns his map to the

referee and runs to the substitution zone, where he makes the substitution through touching the runner and then goes to read the SI card.

The competitor running out after receiving the change opens his map on the way to the start point. The order of the relays is determined by the order in which the competitors cross the finish line last change, not the time of confirmation of the point at the finish line.

SECURING CONTROLS

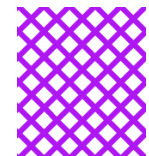
The controls were protected against interference by third parties by scattering confetti and a white and orange marker with the controls code.



DANGEROUS AREA

During the long race there is a run under the highway. It is strictly forbidden to cross the motorway and run in the designated place.

The highway is marked with the symbol 709.0 Out-of-Bounds Area.



RESULTS

Results will be available online on website <https://liveresultat.orientering.se>

Friday Model Event:

<https://liveresultat.orientering.se/followfull.php?lang=en&comp=28035>

Saturday Long:

<https://liveresultat.orientering.se/followfull.php?lang=en&comp=28036>

Sunday Relay:

<https://liveresultat.orientering.se/followfull.php?lang=en&comp=28051>

ENTERTAINMENT BY THE TEAMS

Each team is invited to prepare a short presentation for the entertainment party that will start after the long-distance prize-giving ceremony at the event centre in school on Saturday.

WEBSITE

bno.szczecin.pl/bjc2023

LUNCH

Lunches on Saturday and Sunday will be served in two batches

Lunch delivery times for specific teams will be published on our website

Lunch consists of soup and a main course

Meals will be prepared in plastic packaging

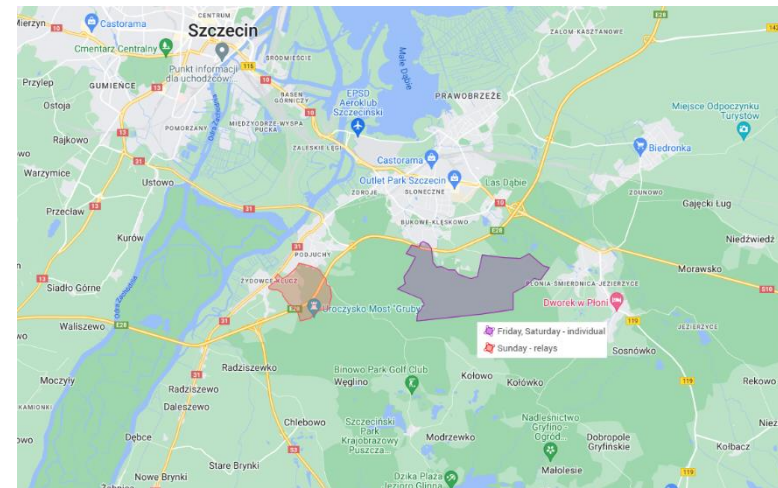
CONTACT

E-mail: kontakt@bno.szczecin.pl

Office Manager: Aleksandra Mazan mobile +48 721 121 141

Director: Bartłomiej Mazan mobile +48 668 009 601

EMBARGO EYOC



The closed area is banned from any physical activity, including walking, running, biking or skiing, etc. It is prohibited to organise other Orienteering competitions in this area

<https://www.google.com/maps/d/edit?mid=16qt9cxTrbxjxBTM-SRk80K4SBBHIGk&usp=sharing>